

## Hypnotic Induction Profile

Administration of the HIP can be a routine part of the initial visit and evaluation. The test begins with the eye-roll sign, a presumptive measure of biological ability to experience dissociation. In the test procedure for eye-roll sign measurement, the patient is told Hold your head looking straight forward; while holding your head in that position, look upward, toward your eyebrows, now toward the top of your head (up-gaze). While continuing to look upward, close your eyelids slowly (roll).

The up-gaze and roll are scored on a 0-to-4 scale by observing the amount of sclera visible between the lower eyelid and the lower edge of the cornea. This procedure takes approximately 5 seconds. The eye roll is a part of the hypnotic induction, which is also scored as an initial indicator of the potential for hypnotic experience.

### TEST PROCEDURE

The client is asked to :

1. Hold your head looking straight forward ;
2. While holding your head in that position, look upward toward your eyebrows— now toward the top of your head (UpGaze) ;
3. While continuing to look upward, at the same time close your eyelids slowly (Roll) ;
4. Now, open your eyes and let your eyes come back into focus.

The Up-Gaze and Roll are scored on a scale.

The amount of sclera visible between the lower eyelid and the lower edge of the cornea is the most practical measurement.

